

ACADEMIC YEAR  
2017-18

**Beloved Reader,**

We are sure you must be (im)patiently awaiting the comeback of your very own Ruaite Monthly. Well, we are glad to declare that your wait is now at an end! You are soon going to have the utter pleasure of indulging in this academic year's very first edition of The Ruaite Monthly! However, before this Editorial gives you a glimpse of what awaits you within, we would like to take this opportunity to thank our Chief Editors – Devyani Ganpule Ma'am and Gayatri Lele Ma'am – and our former Executive Editors – Aniruddha Inamdar, Amrita Shenoy, and Sarath Warriar - for leading us to glorious heights during the previous academic year. Let's see what they have to say to you, the loyal reader, who helped them in this wonderful literary journey by patronizing the Monthly devoutly. Here goes -

**Dear reader,**

If you have ever wondered with gratitude, why you have ever received all the things you have in life, we would like to answer you to gracefully give it all away someday. In our short and long times spent in this world, we succeed, we fail, we cry, we laugh, we enjoy, we worry. We gain. We lose. So, clichéd as it may sound, all our experiences are transient. But calling these experiences transient is not a manner of denying their beauty, or their capacity to lead to individual growth and advancement. It is only an affirmation of the fact that they are all to be given away---parted with and stored in the large reservoir of our memories.

The Ruaite Monthly was one such experience for us editors of the year 2016-17. It helped us channelise our creativity and intellectual resources in the right direction while providing us the opportunity to lead such a brilliant workforce. More importantly, it made us self-aware and helped us grow as individuals! This experience will be cherished by us all our lives, and and we will fondly look back at our days with the Monthly. Till then, all we can do is give it all away--pass it to the talented, capable hands of Ojas, Madhureema and Apurva. We wish them all the best of luck for their journey with the monthly and are confident that they will manage to take the Monthly to even greater heights than we have known

And now, allow us to introduce to you this special edition of The Ruaite! Well, for starters, we have decided to honour the occasion by aptly taking up the theme "New Beginnings". It goes perfectly with the beginning of a new academic chapter in our college life, doesn't it? On those very lines, you would be amazed to come across some brand new concepts and initiatives portrayed by many of our innovative columns! For instance, this time, Behind The Scenes will dissect the craze of start-ups that has gripped the nation. They will also make you privy to some exclusive interviews with some start-up owners! On the other hand, Op-Ed is all set to bust some intriguing myths that have escaped most of us so far. Sounds eerily interesting! Insight will present your mind some food for thought as it depicts the various phases of one's life, but with an altogether different perspective. CareerWise shall elaborate upon the experience that the Ruaite volunteers have undergone while working with The Ruaite Monthly. We are sure even you would be tempted to join us after reading those wonderful career testimonials! besides, if you want to know what's the latest in current affairs, then Buzz Around is what you absolutely need to read! And of course, don't forget to indulge the foodie in you by reading about some bizarre foods in Open Forum. Lastly, if you are curious to know how Pentactus ends, then do read their final edition. We are sure you would be enthralled! And, with this new beginning of a new academic year, along with a brand new team, we hope you enjoy this edition as much as you did the previous editions, Reader. May you have a great, successful academic year ahead! Happy Reading!



# REPORTS

## Talkathon - A Lit Fest!

*The Talkathon* - a literary fest in its second year - was organized by the Rotaract Club of Ramnarain Ruia College. It took place at Canossa High School, Mahim, from 28th to 30th April. The three-day fest included LITerally everything from Music to Comedy, Treasure Hunts to Quizzes! It was a dream come true for all the connoisseurs of literature!

Some of the highlights of this 3-day fest were events like *E-book Publishing*, *Rhythm Unplugged*, *Chuckle Fiesta*, *Paperless Postcards*, *Scrape the Shape* and *Konverse*.

The *E-book publishing workshop* with Voice Verso gave aspiring writers a

chance to fulfill their dream of being published. *Rhythm Unplugged* was a music competition, judged by singer-songwriter *Omkar Potdar*, which gave aspiring singers and bands a platform to show their talent to the world; the judge himself also gave a performance at the event. The event was won by a band named '*Bad Bananas*'.



*Konverse* was a poetry slam in collaboration with *Khayalo Ki Kashti*. The event turned out to be a great success, with an open mic lineup of 20 poets and 2 esteemed judges, *Mr. Rakesh Tiwari* and *Ramyan Pandyan*, who goes by the name '*Ideasmithy*'. It was a fervent evening of poetry and stories hidden between the lines.

Nowadays, with all the stress due to various daily chores, one forgets to be happy and enjoy life. Thus, laughter is the best medicine and comedians are the best doctors. Keeping this objective in mind, *Chuckle Fiesta*, a comedy show in collaboration with *Comedian Rhapsody*, left the audience in splits. A surprise performance by *Abhishek Upmanyu* made everyone go crazy. *Paperless Postcards* was a tiny tale writing workshop where the founder of Paperless Postcards talked about the fundamentals of writing tiny tales and developing a business in the field. The workshop inspired and enlightened many aspiring writers.

*Scrape the Shape* was a body positivity workshop with *Apurva Pandey (@shetalksbuxom)* where she talked about women's issues, body positivity and self love. The workshop proved to be very enlightening to the youth, since it helped them love and accept their flaws and accept that perfection doesn't matter.

There were many other minor yet amazing events like *Lord of Fandoms*, *HuntLand*, *Pro in Pronunciation*, *Debate*, *Shock-a-Twist*, etc. included in this 3-day literary fest. This lit fest has truly proved to be an amazing platform full of opportunities for every writer, poet, singer and songwriter.



# BUZZ AROUND

## Human for a Shield

In a surprising turn of events that took place on the day of by polls in Kashmir, a man accused of pelting stones on the vehicles of armed forces, was tied to an army jeep and paraded around many Kashmiri villages. The Pelters recognising him as one of their own, dared not pelt stones at the army jeep. This ruse was used by Army officer Major Leetul Gogoi to get out of a potentially volatile situation where the army jeep would have been otherwise pelted with many stones and there would be a heavy possibility of casualties.

According to Major Gogoi, by doing so, he not only caught the ring leader who was fuelling the protests but also diffused a lethal situation and helped in safe passage of 12 people. He was awarded the commendation card for

his Counter Insurgency work by the Indian Army. Many political leaders praised him for the ruse, he also garnered support of civilians across the country. According to the inputs from the Army, this move would serve as a warning to all the stone pelters who attack on the Armed Forces that such acts would not be tolerated.

Farooq Ahmed Dar, the accused ring-leader and the man used as human shield by the forces, denied any such allegations of insurgency related activities. Dar, a weaver by profession, claims to have never joined the protests and claims to be an innocent subject to cruelties of the Army. Many Kashmiris have been infuriated by the turn of events and there is a massive outrage amongst the people. An FIR has been registered and inves-

tigation has been started. Political leaders like Omar Abdullah have condemned the situation and have asked for a thorough probe. Many have accused the Army of violating the human rights of the Kashmiris by taking advantage of the AFSPA [Armed Forces Special Powers Act].

Whether Dar was an innocent who was unfairly punished for the doings of his kinsmen or whether Major Gogoi was truly deserving of the award remains to be determined, but the fact that a round of protests and stone pelting was stopped by quick thinking of an Army officer should not be ignored. Stone pelting, which seems to be the favourite mode of protests of many a furious Kashmiri youngsters, have gained frequency after the execution of Burhan Wani, a much

loved militant leader back in 2016. Much damage has been caused to our Army personnel working in Kashmir trying in vain to bring the violent situation under control, they seem to be fighting a losing battle here as day by day the protests are becoming fiercer and frequent, not to mention garnering a lot of local sympathy. This underlines the importance of making this issue a priority and finding solutions that

benefit both Kashmir as well as the Nation. The soldiers and officers in the Army after all are not scapegoats offered for the slaughter to the stone pelting Kashmiris who in their passion for having a separate Kashmir seem to have forgotten non-violent ways of protesting. The Army men's right to life and less volatile work conditions shouldn't be overlooked either.  
-Aditi Patil

## Top 10 News

1) New organism *Soilbacillus kalamii* named after Dr A. P. J. Kalam which is found only on International Space Station

2) India reports 3 cases of Zika Virus

3) Shashank Manohar to stay on as ICC chairman till June 2018

4) Indian Army gets M77 howitzers

5) Supreme Court declares Aadhaar holders must link with PAN card for Income Tax returns

6) C.A. Bhavani Devi became first Indian fencer to win Gold at Tournai World Cup satellite fencing championship.

7) Establishment of AIIMS in Assam

8) 80 killed, 350 wounded in blast near Indian embassy in Kabul on 31st May

9) Kerala government held India's first Transgender athletes meet.

10) India's longest bridge Dhola-Sadiya built across river Lohit in Assam inaugurated on May 26th

-Swara Jamdar



# CAREER WISE

## A CAREER WITH RUIAITE

Dearest Ruiaites,  
This great academic year of 2016-2017 is finally drawing to its end. And with it is ending the much memorable journey of the wonderful team of your most preferred column, and of your most preferred magazine! An entirely new team will take charge next year, and, mark our words, they will also ensure that our beloved readers stay delighted as ever!  
We would like to announce that this will be the last article drafted by the current team of Career Wise. And

hence, we have put all our hearts in this very special edition, dedicated to our very special team of The RuiAite Monthly 2016-2017.  
Every month, we have been bringing you some insightful information about this career stream or that. Every month, we have been gladly inspiring you by highlighting the unique career opportunities out there. So, this month, we made the cogs of our mind work a little more and thought of doing something novel – we decided to write about our own careers as a part of this

unique organization called ‘The Rui-aite’! So we grabbed our notepads and pens and went about interacting with some of the Volunteers, Column Heads, and the Executive Editors of The RuiAite. We asked them three simple questions to define their own career with The RuiAite and received some inspirational answers! We are sure that you will feel like joining us next year, once you have read them all! Have a look!

### Q1. How would you describe your journey with The RuiAite briefly?

*It was a beautiful two year journey of much fun, work and self-discovery. I received a platform to contribute my thoughts and creative insights while working with 'Career Wise' and 'Art wall' in the first year. As Executive Editor the next year, I got a chance to lead the entire RuiAite workforce. During this period, there were the euphoric highs and the dismal lows, but the lows paled in front of the amount of experience, self-awareness and enjoyment that came my way month after month!*

**-Amrita Shenoy**  
Executive Editor

*It's been incredibly fascinating and fun. I've met some amazing people and I hope to stay in touch with them. I've learned so much. I hope I have improved and grown as a reader and a copywriter.*

**-Shivani Amin,**  
Team IQCT

*The journey has been overwhelming. I have been associated with the RuiAite since its inception, being a volunteer in the first year and then a Co-ordinator in the second. Reporting has been taxing but kudos to my team . They have made things look easy.*

**-Siddharth Gupta,**  
Co-ordinator, Reporting

*It was good. This magazine has helped me explore my college, and after leaving Ruia, I will definitely miss working with the RuiAite. Overall, this journey had a good impact on my personality, since it helped me point out my shortcomings and overcome them.*

**-Pooja Shah,**  
Co-ordinator, Marketing

*Well, my journey with the RuiAite has been amaaazing!!! I have learnt a lot of things in the two years of my journey and I've met a lot of interesting people.*

**-Gayatri Kulkarni,**  
Co-ordinator, Art Wall

### Q2. Do you have any particular memorable moment throughout your career with The RuiAite?

*The edition where Career Wise and Tech Tricked collaborated was hysterical! All the members of that team were particularly witty. We conducted a team roast, following which were the most fanatical moments. Oh dear god, do I still have hysterics when I recollect that moment or what? That collaboration made nostalgic memories of my journey in Career Wise for a lifetime..*

**-Manthan Chauhan,**  
Career Wise

*Well! It was when Sarath took my interview - it was in the college corridor! To be honest, I was really clueless about the different teams in The RuiAite, plus I had barely read some articles of the magazine. So I was really nervous! But it went well, and the best part was that*

*my suggestion was taken into consideration and I saw it in the working soon after I became a part of this family! It's really kind how our Executives have taken our suggestions so strongly!*

**-Lisha Ramani**  
Marketing

*I loved the photoshoot wherein we got introduced to the new team...the idea of getting us all together was a good one. Also, flaunting as a reporter from the RuiAite for Utsav, Aarohan and Samanvay felt very cool.*

**-Gayatri Godbole,**  
Open Forum

*I remember the day when the entire team of the RuiAite met up for the photoshoot. That was the day when I met my fellow Column members for the first*

*time; after having spoken only through texts. We got along instantly, talking about our favourite books amongst other things (Harry Potter came up a lot, much to my pleasure!) I spoke to people from other Columns and it was nice to finally add a face to all the people who I only knew by name.*

**-Shivani Amin,**  
Team IQCT

*I've always been the one who's been missing meetings because of my schedule! But I had most fun during the very first meet of our new core team. The tie breaking games and my creepy look for Kushal is what I'm embarrassed about the most!*

**-Gayatri Kulkarni,**  
Co-ordinator, Art Wall

### Q3. Where would you like to see the RuiAite in the future? How do you think should be its growth trajectory?

*I see the students of Ruia excitedly waiting for the launch of the next month's edition, holding heated discussions about the articles and sharing what they like with their friends. I see The RuiAite becoming a common platform for all the students of Ruia and not just a small section of the crowd.*

**-Saeer Patkar,**  
Insight

*I covet for The RuiAite to be known and have readers far and wide in India. Not only the virtual existence of The RuiAite, but also its way of bringing an array of sections under a magazine is atypical. On the same lines, I'd want The RuiAite to create a section of public void, where*

*people from far across our nation could interact and share their opinions and interests. Also in that way we would make sure that our nation is ready to take a technological leap by nurturing a common virtual portal.*

**-Manthan Chauhan,**  
Career-Wise

*In the future, I would like the RuiAite Monthly to be the official printed monthly magazine/booklet of the college (aside of being an e-magazine). I do not know if this will be possible in the near future, but it is certainly a dream. Also, I would like its social media presence to grow and the RuiAite Mehfil discussion club to receive partici-*

*pation and attention from people outside Ruia. Lastly, I would like the magazine to organise writing contests, workshops and interesting seminars.*

**-Amrita Shenoy**  
Executive Editor

*The RuiAite is already doing wonders; we have so many readers, so many loved ones eagerly waiting for the magazine every month! We have the best Executives & Coordinators! I, as a matter of fact know, that we will always have the best team coming up and doing something or the other to nurture The RuiAite all the time!*

**-Lisha Ramani**  
Marketing.



# BEHIND THE SCENES

## STARTING UP WITH THE START-UPS

In this era of new creations, the youth of India is choosing self-employment over doing a job. With the increasing responsibilities, the number of opportunities to explore and experiment also increases for freelancers. If you are a Start-up owner then you'll find happiness in being part of a team that is trying to make other people's lives easier, more fun, and more manageable. Your entire life will take on a meaning of creation, and you'll be more energized, both physically and mentally, to take on new hobbies and start your own personal projects. The most important thing of working at a Start-up is the realization that hard work, creative thinking, and tenacity are always appreciated and rewarded. We talked to some of the new start-up owners around us about their idea, vision and struggles...

### Young Genius

The process of education has unfortunately become almost synonymous with information and rote-learning in today's times. Subject appreciation and conceptual understanding has been overshadowed by an overwhelming need to adhere to 'syllabus'. It is this alarming trend that caught Mr. Tejas Shyam's attention a couple of years ago. He felt a need to change this mind-set and therefore to provide students with a course which inculcates curiosity and understanding of subjects like Physics, Chemistry and Mathematics, helping them enjoy and learn the subjects both at the same time, the Young Genius Program was found. It is currently being conducted in the Arya Vidya Mandir schools in

Bandra and Juhu and they hope to expand it to other schools as well. The Vision of the Young Genius program is to nurture the students' creativity, enable a logical approach to problem solving and enhance the subject understanding of every student. Mr. Tejas finds his inspiration in his students, as working with them helps him realise what a young mind needs for nourishment and how we could best provide it to them. Swami Vivekananda is his idol and he follows the great Teacher's ideals of knowledge, implementing his teachings in all the Young Genius classrooms as well. Balancing work and personal life is always a bit of trouble for Start-up owners or any working adult in general, but Mr. Shyam manages it all effortlessly. He be-

lieves in the mantra "Work is Worship". He is extremely happy that he is in a profession which he is passionate about. What keeps him going more is the immense potential he sees in every student of the classroom, the joy on their faces when they learn things and get great ideas. "It gets hectic sometimes," he says, "but I'm fortunate to have a team of teachers with me who are equally passionate about the program, and that's really something I'm very proud of. We make this course happen as a Team! And I hope that the Young Genius program keeps helping students for many years to come!"

### Manali Adventure Tour

Travelling helps us to grow, to think of new ideas. Rohan Mali and Pranav Deore went for trip to Darjeeling organised by a friend in December 2016. There, the idea of organising a tour for youngsters struck in their minds. To give new and amusing experience they decided to do an adventurous tour. Their family and friends from Ruia Naka encouraged and helped them to plan the tour. After choosing the destination they spread the message about the tour on WhatsApp.

Reply to the message was really overwhelming. Since school, both of them are into extra-curricular activities than studies. So the families of these childhood besties supported their children to explore something new. The real challenge was to convince parents of some youngsters coming for the tour but they managed it well. After all this work, total 102 people were ready to travel with Pranav and Rohan. It was difficult for both of them to book hotels in reasonable rates as it was their first tour. They faced some chal-

lenges due to natural calamities as well, but they completed the tour successfully. They did planning of one more tour to Darjeeling for a group of 45 people. Their plan for upcoming academic year is to organise 3 tours out of which planning for 2 is already done. No matter which places they want to visit and take tours to, travel is the current destination of their lives.

### Comedian Rhapsody

If laughter is the best medicine, then comedians are the best doctors! A lot of people agree about the comic potential of our country but sadly, people look down upon stand-up comedians and don't see it as an actual profession. But trees do grow even in the worst wastelands and the Stand-up comedy gig Comedian Rhapsody is one of those hardy trees. One of the co-founders of the gig, Girish Rasam, is a college student. He performs in

Open mics and says he's yet to become a stand-up comedian. He got into stand-ups as he likes to talk about issues with people, voicing out his opinions and comedy is one of the ways you can deliver that in a mellow, light-hearted and interesting way. His favourite comedians are Karunesh Talwar, Abhishek Upmanyu, Kunal Kamra, Biswa Kalyan Rath, Kanan Gill and Sumit Anand. Comedian Rhapsody has shows every week going house-full every time and is gaining populari-

ty in the comic industry. Some very famous artists have come on the gig. The gig mainly offers a chance to new and emerging artists to showcase their talent, acting as a practice stage, helping them build their way to the top league. In this new and popular industry, companies like The Comedian Rhapsody are very important as they are the steps through which young artists will climb to their success.

It is the era of Start-ups, a world where anything is possible now. Having a 9 to 5 job is not necessary and needed from everyone. We don't have to run behind some herd anymore, changing direction and discovering something new and creative will do more good to the society. But Start-ups are an option, not a trend. So leaving one's professional career for a start-up should not be done unless the idea is clear in mind. Like all other challenges in life, Start-up needs hard work, innovative mind and sincere efforts and if done with full dedication, success can be achieved.



FACT

MYTH

OP-ED

## MYTH BUSTER

As Humans, we are surrounded by an air of pride, on being pronounced as the most 'rational beings' and come 21st century, we have also become the slaves to our own creation, Technology. Amidst the bombardment of information, we too seem to have blurred the thin line that distinguishes 'beliefs' from 'facts'. It is unfathomable how quickly, due to the courtesy of Internet and how, due to almost invisible social forces these beliefs implant themselves in our 'rational' minds as truths of this world. And what more, in reverence to our creativity, it is also backed by equally plausible justifications.

Would you like to bust these 'myths' and give your mind a fresh start to go after viral facts ?



### MILLENNIALS MYTHS

Not a day goes by when we don't hear our Parents and Grandparents utter the sentence, "During our times...", which is followed by calling Our Generation- 'The Millennials'. So what are we called and what's not true?

#### #1 Digital Addicts.

Millennials are the only generation that literally grew up with Internet, texting, and Social Media. They are indeed the "Digital Natives". However, Pew Research Center suggests that though Millennials text more, their telephone usage is the same as older adults! When they can't figure something out they would rather talk to a person than

get help online, they also prefer face to face communication when it comes to learning new skills. Besides, today nearly all generations are digitally dependent.

#### #2 Want Constant Acclaim.

In contrast, when asked what makes a "perfect boss", Millennials say they want a manager who is ethical, fair and transparent and the one who recognizes their accomplishments lies lower on their list.

#### #3 Non- Committed.

While it is true that they are more likely to hob jobs, but they do so to find a more purposive and innovative environment and money- the same motivations like the Gen X and Boomers.

#### #4 The Most self- involved Generation.

Although they value and fret over their self-image, they also want jobs that affect social change. A 2012 study shows that two quarter of the young generation donated for charity and 63 percent volunteered for a cause.

#### #5 Not interested in Marriage.

It is true that they are likely to stay unmarried for longer periods of time, but 70 percent of unmarried Millennials want to get married at some time.



### EXERCISE

'To stay in a perfect body shape' is the mantra of new age. Well why not? As long as you are not obsessed with weight loss, it is pretty good for your health as well. Here are few of the workout myths busted by us. Take a look, maybe even you believe in few of them.

#### #1 Thin people don't need to work out.

No! Everyone needs to work out to get basic strength and flexibility. Well, the goal is fitness and not weight loss.

#### #2 Stopping training makes me gain weight.

Many people stop training but don't modify their diet to their current calorie needs. When you are training, you tend to eat more. So, if the output decreases so should be the case with the input.

#### #3 Sweating means weight loss.

When you sweat, your body releases water and sodium. It is a mechanism of your body for cooling down; don't count more sweating as more weight loss.

#### #4 Abdominal exercises get rid of your muffin top.

Ab exercises tone your muscles which are underneath the layer of fats in your body. So, though you tone your mus-

cles, you won't get the perfect abs look until you burn the muffin top by eating less and exercising more.

#### #5 Feeling pain while working out is necessary.

Experts agree that the "no pain-no gain" holds the most potential for harm. While you should have some kind of soreness, a fitness activity should not hurt while you are doing it, and if it does, then either you are doing it wrong, or you already have an injury.



### HUMAN BODY

While misunderstandings create complications in human relationships, let's clear this air surrounding the human body, for you don't want to mess with this partner!

#### #1 Sitting Too Close to the idiot-box Will Damage your Eyes.

Staring at television or computer screens for long periods can make your eyes hurt and feel dry and strained, but this isn't because the screen is harming your eyes; it's because focusing hard on something means you blink less often, and your eyes get tired.

#### #2 Healthy Teeth Should be Gleaming White.

The natural colour of human teeth is yellow. Sure, staining them with coffee or cigarettes makes them darker, as does not brushing often enough, or doing drugs.

#### #3 Period causes great blood loss.

You lose about 4 to 12 tablespoons of blood during your period. So, no need to panic. It looks a lot more than it actually is!

#### #4 Your hair grows back thicker and darker after shaving.

Uncut hair is tapered, so doesn't appear as thick as cut hair. Also, uncut hair has more exposure to the sun, which lightens it a little, making cut-hair appear darker at first.

#### #5 Different areas of the tongue taste different things.

Every area of the tongue can taste every type; the idea that there was a tongue map came from a mistranslation by a Harvard professor, of a badly written and discredited German paper.



### MARRIAGE

A transition in anyone's life which will either make or break them. Like any other topic, there are several myths regarding marriage. The problem with myths is that when people mistake them for facts, they can potentially hamper their partnerships. Below are five persistent myths followed by their facts!

#### #1 Your true love will automatically know what to say.

There is a fear that if you have to ask for something then it doesn't "count" or

it's not as "meaningful". He/she is your lover not a mind-reader! But if your partner is smart enough to guess it, then nothing can be as beautiful as that.

#### #2 Having kids brings couples together.

Having kids can deepen partners' understanding of each other and their intimacy. Nonetheless, partners may disagree on their style of parenting. It also sometimes activates many previously hidden fault lines for spouses.

#### #3 Happy couples don't argue.

A lack of arguing in fact indicates a lack of truthfulness and emotional intimacy. When couples don't argue, they make all kinds of emotional compromises.

#### #4 Happy couples must be doing everything together.

Spending time together and sharing common interests is great but focusing on one's own interests is also required. In fact, when opposite happens- it can lead to a feeling of being trapped in the marriage.

#### #5 There is no happily ever after in real life.

Many couples believe that happily ever after doesn't exist in real life, but it's not true. If both love each other and communicate, they can go through any difficulties and then find their own happily ever after.

### MISCELLANEOUS MYTHS

Last but definitely not the least, we have some more myths waiting to be busted on topics like addiction, sleep, and even feminism!

#### #1 Addiction is a choice; it's a sign of weakness.

Addictions involve complex factors including genetics and the environment, and sometimes other underlying psychiatric conditions such as depression. When people who become addicted have these underlying vulnerabilities it's harder for them to simply kick the habit.

#### #2 Snoring is harmless.

Snoring is a common activity and perhaps it should be harmless! However, if you suffer from loud and

chronic snoring, it could be a symptom of a serious, even life-threatening condition known as obstructive sleep apnea (OSA). OSA is characterized by pauses in breathing whilst asleep which are caused by the airways becoming blocked. If left undiagnosed, OSA can reduce blood oxygen levels and put strain on the heart and respiratory systems, increasing the risk of high blood pressure, stroke and even a heart attack!

#### #3 Snoozing Buys You Sleep Time.

Finally, this might be painful to admit, but snoozing your alarm will only make you feel worse. It doesn't give you more time to finish sleeping but instead jolts you out of an even deeper part of your sleep cycle after you've dozed off between snoozes. And then you're a zombie for the rest of the day. So, stop snoozing and drag yourself out of bed.

#### #4 LGBT people can be cured.

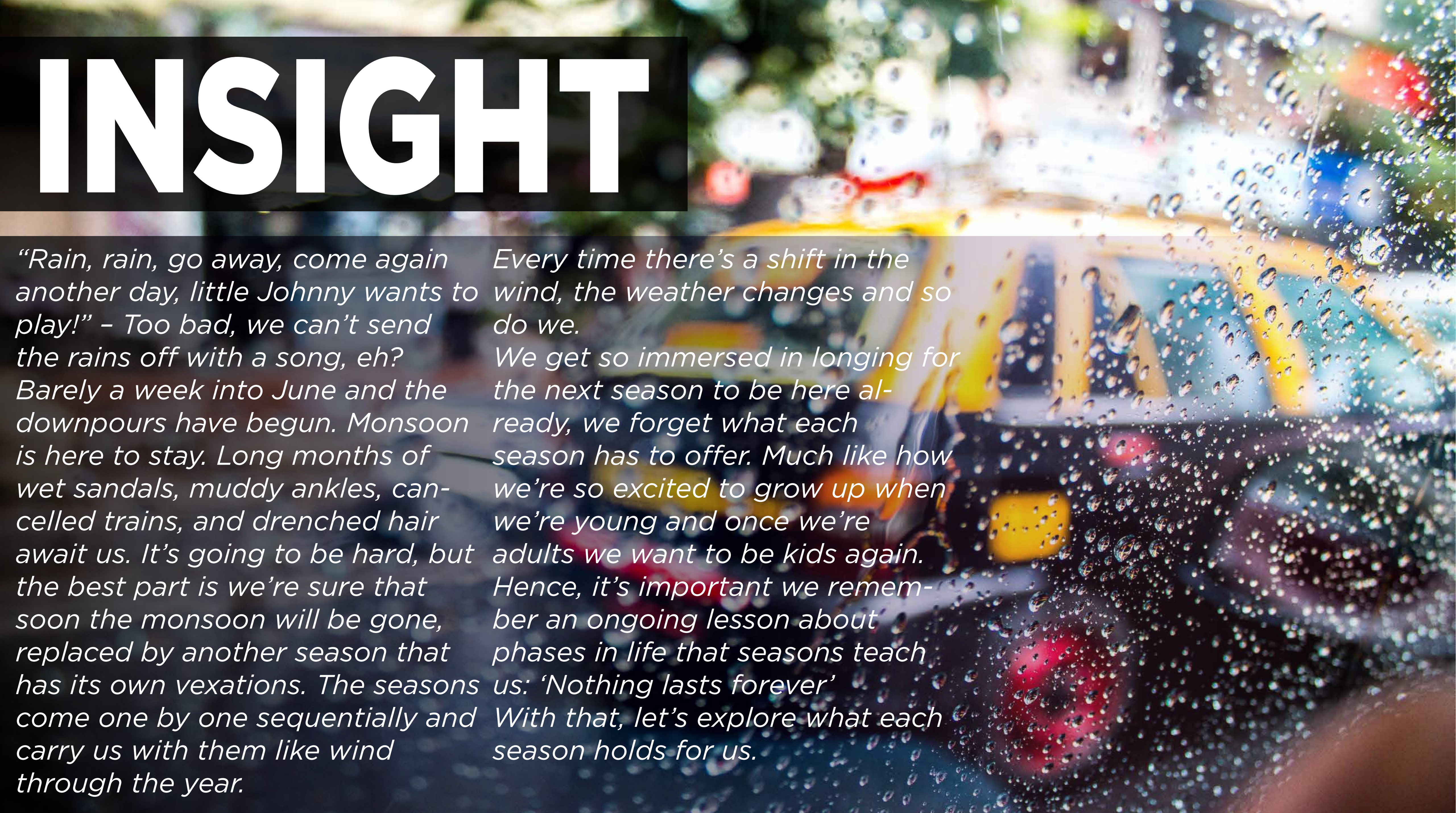
The very basic and logical argument against this myth is that LGBT is not an illness and so there can be no cure for it. There can be no possible medicine or therapy. If they are forcibly pushed to have sexual intercourse with an opposite gender it may cause them pain and misery.

#### #5 Feminism = Female Rule.

This misconception simply isn't in the agenda, nor will it ever be. Unfortunately, some people believe that if feminism were to take over the world, men would become oppressed. But power and supremacy is not what feminists want. They want equality for all, regardless of race, class, gender and sexual orientation.

*We hope some of these myths got you there! Also, that you enjoyed reading it. Would you like to share your thoughts or ideas or maybe write for our column? Don't rethink, it's not a myth!*





# INSIGHT

*"Rain, rain, go away, come again another day, little Johnny wants to play!" – Too bad, we can't send the rains off with a song, eh? Barely a week into June and the downpours have begun. Monsoon is here to stay. Long months of wet sandals, muddy ankles, cancelled trains, and drenched hair await us. It's going to be hard, but the best part is we're sure that soon the monsoon will be gone, replaced by another season that has its own vexations. The seasons come one by one sequentially and carry us with them like wind through the year.*

*Every time there's a shift in the wind, the weather changes and so do we. We get so immersed in longing for the next season to be here already, we forget what each season has to offer. Much like how we're so excited to grow up when we're young and once we're adults we want to be kids again. Hence, it's important we remember an ongoing lesson about phases in life that seasons teach us: 'Nothing lasts forever' With that, let's explore what each season holds for us.*

## Spring, the universal symbol of birth.



### 1.Hope

With its onset, spring brings along a warm breeze of hope. Hope is powerful. It gives an inherent strength to persevere through everything that one does just by its presence, like a mother.

### 2.A New Beginning

Each passing day of spring, moulds one's foundations, offering a new chance to begin again. Embracing your flaws and never forgetting your roots will help you start again, against the tide of any circumstances.

### 3.Innocence:

A non-judgmental attitude is what makes a child stand out. The weather just like the quality of childhood is pleasant to all creations by virtue of its innocence and purity.

### 4.Growth:

You learn to relearn. Growth follows no norms and traditions. It breaks stereotypes the way flowers break through concrete towards the sun. The curves of growth shape a person.

### 5.The journey:

The sweat and the blood that goes into self-engineering bear sweet fruits. Not just the achievements at the end, but the failures at the start, furnish the way you experience things. That's why it's important to value the journey instead of focusing on the destination.

-Rohan

## Summer, the dream of all children.



### 1.Be Impulsive

Summer might seem long when it begins but remember, time flies! So, don't over-think. Start ticking off the things on your to-do list fast as you can, say 'Yes' to opportunities that knock on your door.

### 2.Imagination

'Ugh! It's so hot' 'Uff! Ye garami' such sentences become a part of conversations to the extent that complaints are often the only thing we do during this time. Instead, why not plan a trip to a swimming pool or a beach?

### 3.Be Prepared

Summer makes us stronger and tougher. If you can go through this season, you can survive through anything in your life, trust us. The frail leaves of the spring become resilient and ready for the storms of monsoon in summer.

### 4.Welcome Surprises

Each day of summer is a surprise. You never know what you may come across. A secret door to Narnia, a letter from Hogwarts or better yet, lower temperatures!

### 5.Savor every moment

Every summer is a series of adventures, a treasure of memories and an island full of dreams. It is during this season that we relax, have fewer responsibilities and more time to ourselves- use it wisely for it's not going to come back.

## Monsoon, when the storms are youthful.



### 1.Patience

This season is a test of your patience from the beginning to the end. When the earth is burning with the heat, when the rains arrive unexpectedly and quite literally wash away your plans, when the downpours disappear suddenly for a week, we are learning patience.

### 2.Cleanse yourself

When you see that dust is accumulating on old thoughts and mud has tarnished your memories, take a long hot shower to clean it all out.

### 3.Survive the storm

On days when it feels like the storm is nowhere near passing, remember that this is probably only the first of the many storms yet to come. When you feel yourself weathering, hold tight because you're only becoming stronger.

### 4.Watch out for the rainbow

One fine day, the grey weather will explode into a rainbow right outside your window. And you, my friend, might miss it if you're too busy being grey yourself!

### 5.It's okay to not be okay

It's not the end of the world if you find yourself trapped in a shower without an umbrella and a long way from home. In fact, jump right in, get drenched because you can always take a hot bath later. Don't be ashamed of your struggles, embrace them.

-Sae Patkar, TYBA

## Autumn, the mosaic of maturity.



### 1.Calm:

The phases we go through in the initial stages of our life make us calm. Logical approach kicks in. The hormones just like the weather are steady. One is comfortable in his own skin. Does it not make autumn look like a perennially pleasant season?

### 2.Wisdom

Wise decisions are administered. However, if gone wrong, the person is not fearful of pleading guilty. A remarkable trait, indeed. This necessitates the weathering and layering of one's personality just like those of the leaves. The darker the shade, the better.

### 3.Necessary fading

The upgrading of life is essential. Bad memories and experiences are fundamental. However, do not cry for what is yesterday. That is the message autumn conveys. The leaves have to fall only so they can grow back brighter and greener again. The past shall not alter your present, only improve.

### 4.Fearless

It is time to be fearless. You will never know what is on the other side of the bridge unless you actually cross it. Make opportunities your fodder for now you've grown through the ages.

### 5.Work sincerely

Calculating every step, dodging circumstances, avoiding slippery roads on the strength of your experiences is crucial. The weather is unpredictable at the end, just like your life. But sincerity is the need of the hour with the responsibilities that you hold.

## Winter, when times get old.



### 1. Not to be hesitant

It's snowing? Grab your coats, put on your boots, build a snowman. Let your inner child out. Don't limit yourself.

### 2. Be the warmth for others

The wood burns so that it can keep others warm. Mother earth gives shelter to animals to hibernate in its womb. Selflessness prevails.

### 3. Reminiscence

The trees have stopped growing outside. The winds have picked up. It's time to open that saved bottle of wine, play some old songs, sit on a chair and unlock those memories.

### 4. Time for weed clearance

Sometimes if luck is with you then some rays of the sun may reach you. So why not grab the opportunity, clear the weed growing in your backyard and trim the unwanted shrubs?

### 5. Celebrate life

This season marks the end of the year. The end of the season is the beginning of a new life. So keep your dear ones close and soak in the love. Do not regret what you couldn't do.

-by  
Sae Patkar, TYBA  
Rohan Pawar, TYBSc  
Himani Joshi, SYBA





## TECH-TWIST-TASTE

**“EATING IS A NECESSITY BUT COOKING IS AN ART.”**

Taste is not the only thing that sells food in the world that we live in today. Everything from the presentation, color pattern to the method of making it is what creates the demand for different types of cuisines. The cut throat competition in the food industry is causing people to step up their game and add all the creativity and innovation into the food that we eat; on the street or in a five star restaurant.

With the evolving world of technology, different types of modern techniques and methods are introduced into the culinary industry. Using an anti-grid-dle, for example, a chef can create dishes that are creamy on the inside and crunchy on the outside. With a pH meter it can be determined how to prepare ingredients or evaluate how

long they'll stay fresh. At Spain's Mug-aritz, dinners are served in a capsule of smoke, under which lies a pile of chocolate bubbles and a glazed cake made of rum soaked biscuits and chocolate mousse, so they don't have to wait for dessert and can enjoy it right after dinner.

In India and all over the world, a technique called "Nitrogen Freezing" has been introduced in the past decade, which freezes ice-cream for much longer than your normal refrigeration. The liquid nitrogen causes the fat and the water particles to stay very small, giving the ice-cream its creamy consistency. This is just one example of many. "Smart Cooking" is the way it works now and we don't all have to be chefs to do it, with our phones and

our apps we can let technology invade the kitchen.

With free time and the gift that is our gadgets, we have even more opportunity to cook something good.

*-Ishita Nirbhavne*



## WHAT'S TRENDING?

**“When imitation grows bigger, it isn't imitation it is a Trend.”**  
Trends develop when a large amount of people follow it actively over a period of time until something novel comes up. It increases as more people keep adopting it. In the last few months we have witnessed a lot of trends, some of which are really peculiar. Here's a look at some of them.

**1. Live Videos-** Live streaming is a fun way to chat with your followers or friends online. It involves talking to your friends or answering their comments.

**2.DAB-** DAB is a dance move where people drop their head on the side of bent arm and raise the other arm in the air. It has turned into the latest photography pose mostly in group pictures.

**3.Candid Photography -** Candid pictures portray us to be looking out somewhere or laughing in a 'cute' manner. This new trend is more of "fake candid" and the amount of time people invest in getting the perfect candid shows that we are too engrossed in presenting our beauty to the virtual world.

**4.Fashion Trends-** New fashion trend includes 'Nerdy Glasses'. People who don't have glasses also wear these no matter how funky it looks. Well, "Nerd is the new cool" they say...

**5.EDM-** Electronic Dance Music is loved by all, even by those who don't understand it. Today, every party is incomplete without EDM. Also, teenagers go gaga over EDM concerts and spend loads of money on them.

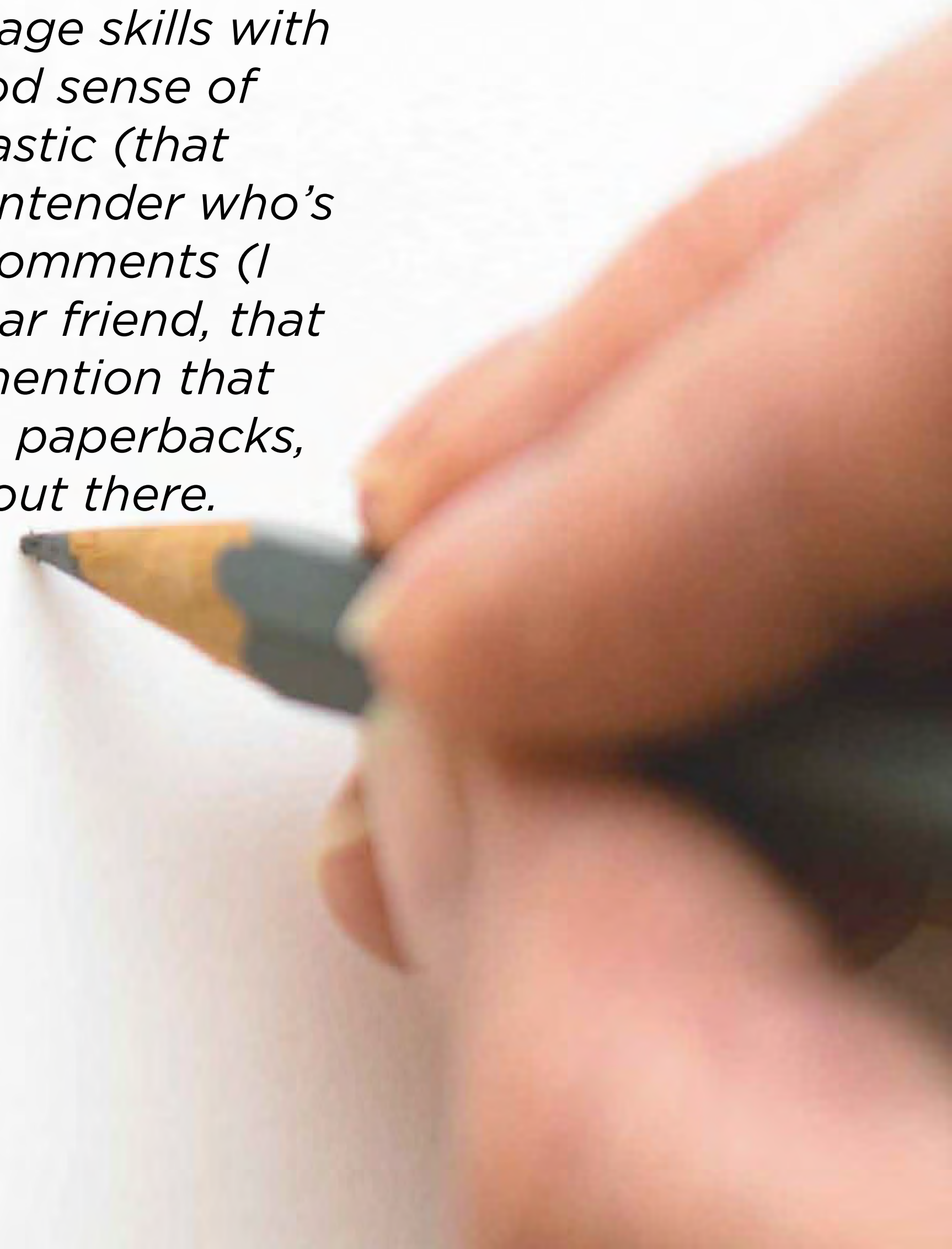
## The Final WORDict

### An open letter

*Dear Grammar,*  
*I am writing this letter to convey my sentiments to the one I love and value the most. I want to thank you for being there with me, every time I take umbrage after I read or hear something really heart-breaking: messages which have a bunch of misspelled words; purposely shortened words with the intention of saving time (existing by the name of 'text language'); sentences which clearly reflect an incomprehension of essential parts of speech, for example, 'Tenses'; wrong pronunciations; and other stressful things. It is sometimes annoying for the ones adhering to these short-lived pleasures of your inappropriate use, when I try to restore your beauty by rectifying them time and again; or rather forbidding them to repeat the same mistake. But I also possess some attributes which are often overlooked: I always fall in love with an exquisitely composed piece of literature - I learned to appreciate beauty, solely because you make it look beautiful. I also help people improve their language skills with a better sentence construction and a healthier word usage. I have a good sense of humor; I utilize puns to make clever jokes, and when I'm not being sarcastic (that might be after the awesome, relaxing stand-off between me and my contender who's extra sensitive when it comes to you), I try to laugh it off with shrewd comments (I doubt whether he/she really understands it). It's because of you, my dear friend, that I appear to be a literary genius. It will be a failure on my part if I don't mention that you are my ultimate stress-buster, because when I feel your presence in paperbacks, it's the best escape from the agonizing lingo of the lackadaisical folks out there.*

*I'll be there for you to support you and I will love you, always.*  
*Hugs and Kisses,*

*A Grammar-Nerd.*  
*-Gayatri Godbole*







# TECH TRICKED

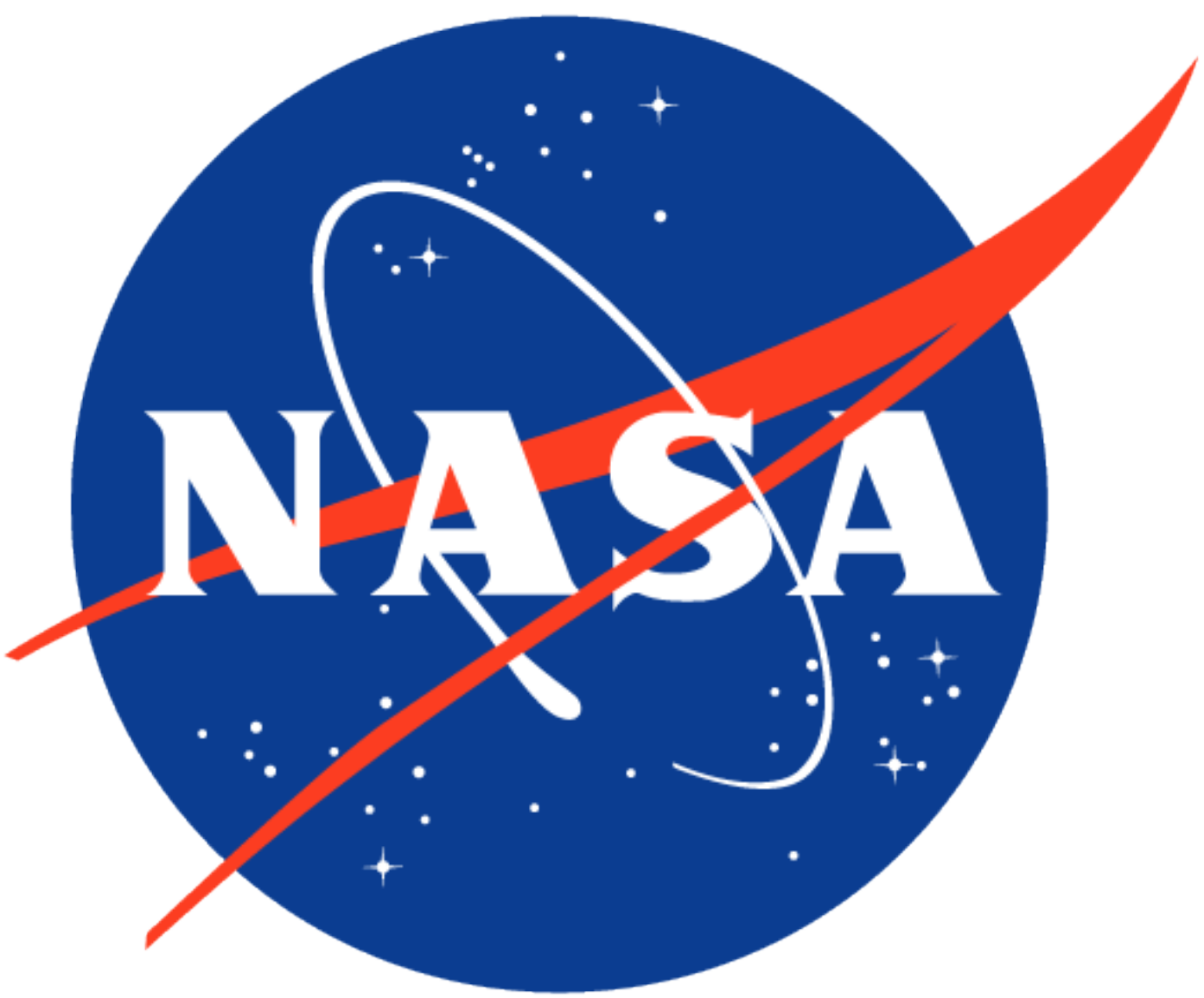
What's up guys!!!  
I'm Vaishnavi Dabholkar, your very own column head of Tech Tricked. This academic year, we assure to blow minds of many by writing independent, creative and interesting content for which we are well-known. The journey of Tech Tricked wouldn't have been possible without the loyalty and support of you guys. Cheerio!

## Do What You Can't!

Keep your head down. Follow the rules. Do as you're told. Play it safe. Wait your turn. Ask permission. Learn to compromise. This is terrible advice. Like for us, when we wanted to start a student based reporting monthly, we hear many "You Can't, Y'all are not reporters." But we did it!  
We're pretty sure when 18 year-old Rifath Sharook wanted to build his own satellite, they said "You Can't, you're not a NASA engineer." But when the US' National Aeronautics and Space Administration launches the world's smallest satellite KalamSat on June 21, it will be the first time ever that it would be piloting an experiment by an Indian student! Developed by this won-

derboy from Tamil Nadu, KalamSat weighs only 64 grams. It would be a sub-orbital flight and, after launch, the mission span would be 240 minutes. The tiny satellite would operate for 12 minutes in a micro-gravity environment of space. The main role of the satellite will be to demonstrate the performance of 3D-printed carbon fibre. Rifath designed it completely from scratch. It will have a new kind of on-board computer and eight indigenous built-in sensors to measure acceleration, rotation and the magnetosphere of the earth. The main challenge was to design and fit it into a four-metre cube weighing 64 grams. It'll be a proud moment for India on 21st June and an inspiration for all the youngsters out there who were told

"You Can't."  
The haters, doubters, pseudo-progressive hypocrites are all drinking champagne on the top deck of the Titanic and we are the ICEBERG. So do what you Can't.  
- Shirish Waghmare



## It's All In The Math

It was Neil deGrasse Tyson who said "Math is the language of the universe". It is difficult for many to understand this statement and many still try to understand it and believe it. Believe it or not, math can explain everything in the universe. There might definitely be phenomena that it cannot explain yet, but that is more so because of our limitation in creative thinking than the laws of Physics or Mathematics. An excellent example of the precision and control that one needs to view the universe through mathematics is the fate the ESA Mars lander faced due to

an incorrect inertial saturation measurement. The beauty is that the measurement lasted for just a second and fed the computer enough false data to simulate that the altitude of the lander was negative, meaning that the lander was underground. This triggered a premature deployment of the parachute and a brief firing of the braking thrusters, which led to the activation of the on-ground systems. All this happened when the lander was still at about 3.7 kilometers above the ground, still believing that it is about to land. What ensued was in fact the lander manifesting itself as a fireball as it plummeted

3.7 kilometers to the ground. With systems so critically controlled, it really throws into perspective the complexity of the operations, but it also raises the question that if the chances of failure are so high, then will we ever be able to go inter-galactic in space exploration? The answer is, it's too soon to ask such questions. We have only just begun to reach out to the far edges of our solar system and understand the limitations that bind us to our sun. It has taken centuries for us to get this far, and I dare say, it will take far more for us to literally widen our horizons.  
- Tejas Mahadevan

## Finally Touching The Sun

Who will win 100,000,000 lions or the sun?  
I'm guessing all of you would've seen these memes, but NASA thought of a new level when it came down to the Parker Probe.  
The Parker is a planned robotic aircraft which shall probe the outer corona of the sun. That is roughly 3.6 million miles away from the actual surface. Boy that is a feat!  
The probe has been washed in a bucket of Nirupa Roy's tears, for increased tol-

erance, so it could touch the corona. Okay, jokes apart, but for the last 60 years, heliophysics has had numerous questions popping up, in every little aspect. (Science students wouldn't know, because scope nahi hai)  
The launch is scheduled for 20th July, 2018. And it indeed is something to look forward to. Meanwhile, when NASA plans to launch the Probe, India is still doing a lot of productive activities, such as getting doctors beaten up, agitated workers doing Nagin Dance in front of MLAs when they didn't hear their griev-

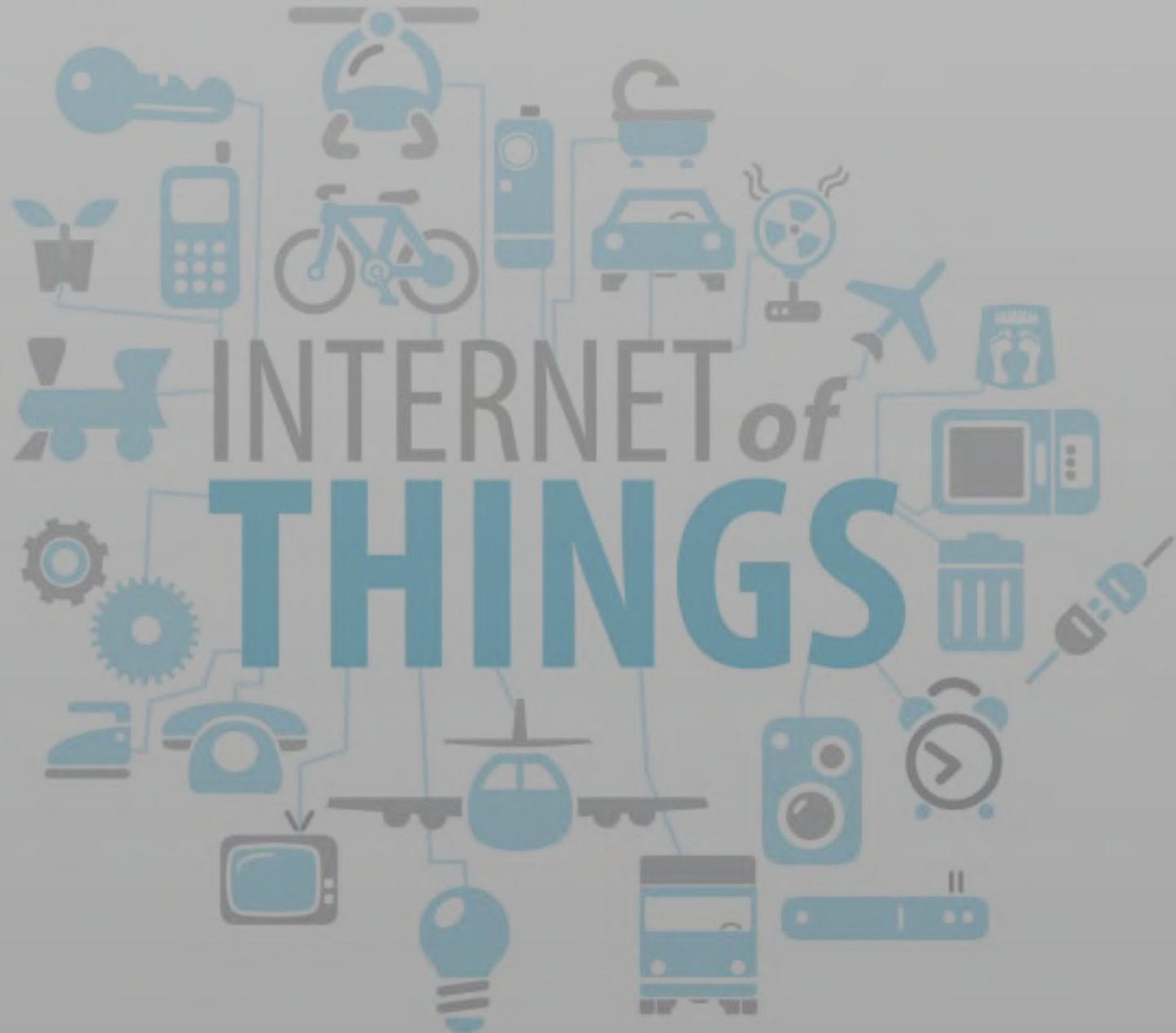
ances, people Tweeting offensive comments and getting rape threats; basically, just another Monday morning!  
The last time India was in world news was when it launched the Mars Orbiter Mission; through all the debauchery going on here, Modi memes still don't disappoint, and Pakistan has lost yet another ODI against India. Boy that gives us a lot to celebrate. We took Mangalyaan to a next level, time to take common sense there too!  
-Aaditya Shivkumar

## The Next Big Thing

When people talk about "the next big thing," they're never thinking big enough. A network of networks, that's the Internet, a global system of interconnected networks, helping you to get hands on any information you need, including this month's edition of The Rui-aite.  
So, can there be an Internet which can network a network of Televisions, Cars, Trains, Coffee Makers? It may sound silly, but that's what the Internet of things (IoT) is all about; networking a network of physical things to the Internet. These days, there are many devices which have WiFi chips embedded in them, like your mobile phones and cameras, and all such things are creating a

perfect storm for the Internet of things. In a nutshell, IoT is about connecting things to the Internet, which has an on-off switch. Some firms estimate that there will be 100 billion connected devices by 2020. The applications of this concept are many. Let's say if a person has a meeting to attend, then the systems embedded in his car- having access to his calendar- will show him the shortest route to his office. His coffee machine would be brewing coffee for him when his alarm clock wakes him up, and en route to his office, if there is traffic congestion, then his car will even send a text to his colleague that he will reach a little late. This isn't the only application; the indus-

trial Internet of things and smart cities is already making significant progress across many regions of the world. City officials are closely tapping data to make their cities more efficient, thus boosting the community's safety, security and health. So, the concept of IoT is interesting, and it's pretty intriguing to think that someday, all the devices in your home could be accessed by a single smartphone.  
- Abhishek Kalarikkal





# WORLD OF FANTASY

## PENTACTUS

“Mental duel is a powerful resort and the last one to win any war”, said the chief. “ It has three stages which aim at controlling the mind of the opponent and knowing his innermost fears and desires. Dangerous it is, for you never know what might be lurking in one’s mind, but once you gain control, it is difficult for your enemy to not surrender...”

“ What are those three stages?” asked Robert. “The first level is called **‘CORADIS’**, which lets us enter the conscious mind of the enemy – his current thoughts, his strategies about war, his next move. Once you’ve made him vulnerable, you move to the next stage of **‘SUBORDIS’**, and mind you, you have to do this immediately when the enemy is still recovering from the shock of being exposed. Here, you have to delve deeper in his mind to know his past. The last and most dangerous stage is **‘UNORDIS’**. Half of the duel is won when you reach this stage. But be careful, for this level may mean your victory or your de-

At the beginning, everything seemed a blur - random images brushed past Robert’s mind. It seemed as if someone had entered into his head and was stealing his thoughts. But he remembered the chief’s words and began to search for his enemy’s thoughts. Resisting his opponent’s efforts, he caught hold of his next move and automatically, a chain of thoughts came to his disposal.

“ Aaaah”, hearing this cry, Robert opened his eyes only to see his opponent shaking with pain. “You’ve won this one, musidouy, but Subordis will be my victory”, said the chief. His words were met with an uproar of jeers by the warriors. Robert felt a pang of happiness and got ready to deal with the upcoming duel. The moment he closed his eyes, he felt excruciating pain in his head. Memories of Kate, his happy marriage, the divorce – he felt naked. These were his private memories. HIS PAST! He felt as though he was being investigated,

struction. Fiddling with one’s unconscious can have grave consequences as you get to see his gory secrets, fears, hideous truths that no one knows. But once you break into his unconscious, he can never go back to being the same person again. He is drawn into his unconscious and has to pay the price of his desires. But it is not as easy as it seems. Robert, you can afford to lose the first two stages, but if you lose the last one as well, no one can bring you back. I know you’ve never dueled before, but I have faith in you. If anyone can bring Walure back its glory, it’s you. I don’t know whether I will be there to see our victory or not, but promise me that you will bring the Pentactus home

Robert set out to the battlefield the next day, full of uncertainty. He had thought about the chief’s instructions the previous sleepless night. Nervous, he bowed to the battlefield and took his position. As he waited for the battlehorns to be blown, he looked at the battlefield. He could see his fellow

unable to take it anymore he shouted, “ STOP, DON’T DO THIS!” He opened his eyes to see the chief laughing at him, “You have got some beautiful memories there. I can see that you didn’t like it.” This time, there were no jeers. A chill ran down his spine and anxiously, Robert closed his eyes again. He was determined to win this time as winning this would ascertain victory. Robert blocked his thoughts and concentrated on getting into his enemy’s mind. It was difficult, but he could see glimpses of the fears withheld by the chief - the fear of losing power, letting go of the stone, witnessing his defeat, and the biggest fear of dying. Robert delved deeper and found himself staring at the guilt experienced by the chief- his unlawful ways, the ruthless killings of innocent men....As he was seeing all this, Robert felt powerful and strong. He knew he had successfully controlled the mind of his enemy. Slowly he opened his eyes and saw the chief fall

warriors looking at him with hope in their eyes. All these months, they had become his family - his real family. The only thing that went on in his mind was ‘I don’t want to let my ancestors and tribe-mates down’. The roar of the battlehorns got him out of his reverie and the great war commenced. Soon, he came across the chief of Zaroed, standing in front of him. Taken aback slightly, Robert regained his composure and closely observed his nemesis. Looking at him, he understood that the chief was ready for the mental duel and he, too, took his stance. As both of them stood in front of each other, looking in each other’s eyes, everyone else stopped the war. Everything was silent- even the animals tamed down as if they understood everything that happened around them. Robert looked at his surroundings one last time and closed his eyes. So did his opponent. And thus began the mental duel.

down and become unconscious. There was a loud cheer, and out of nowhere, he felt himself being carried on the shoulders by his tribe mates. Amidst the cheers, he saw the chief being carried away by his men, and he suddenly became conscious of the destruction that had ensued. Robert could not stop but worry about the countless deaths, innumerable sacrifices made by his tribe. But, in the end, all of it had paid off. **PENTACTUS WAS FINALLY HOME!**





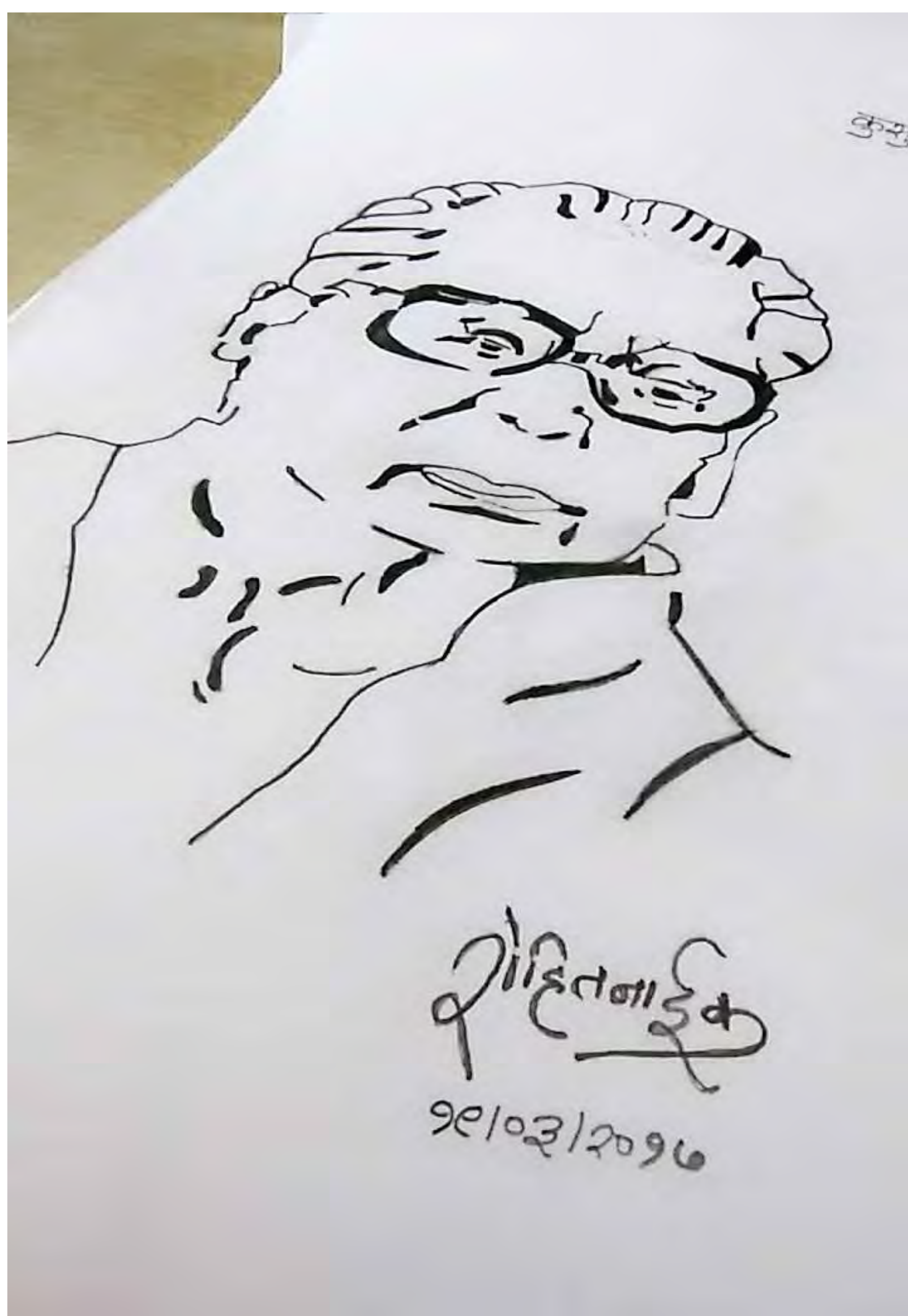
Akanksha Bhende



Gayatri Godbole



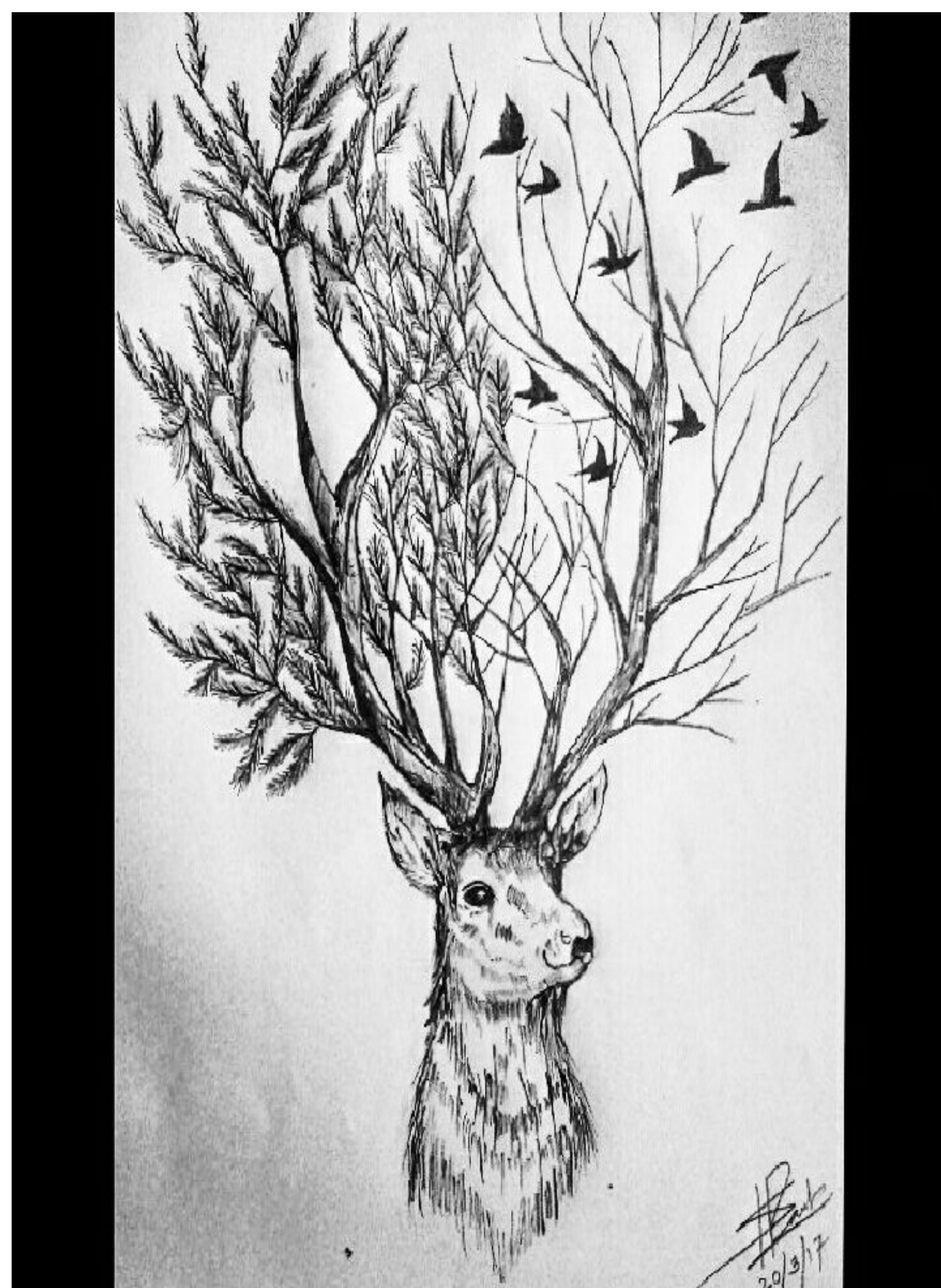
Gayatri Kulkarni



Rohit Naik



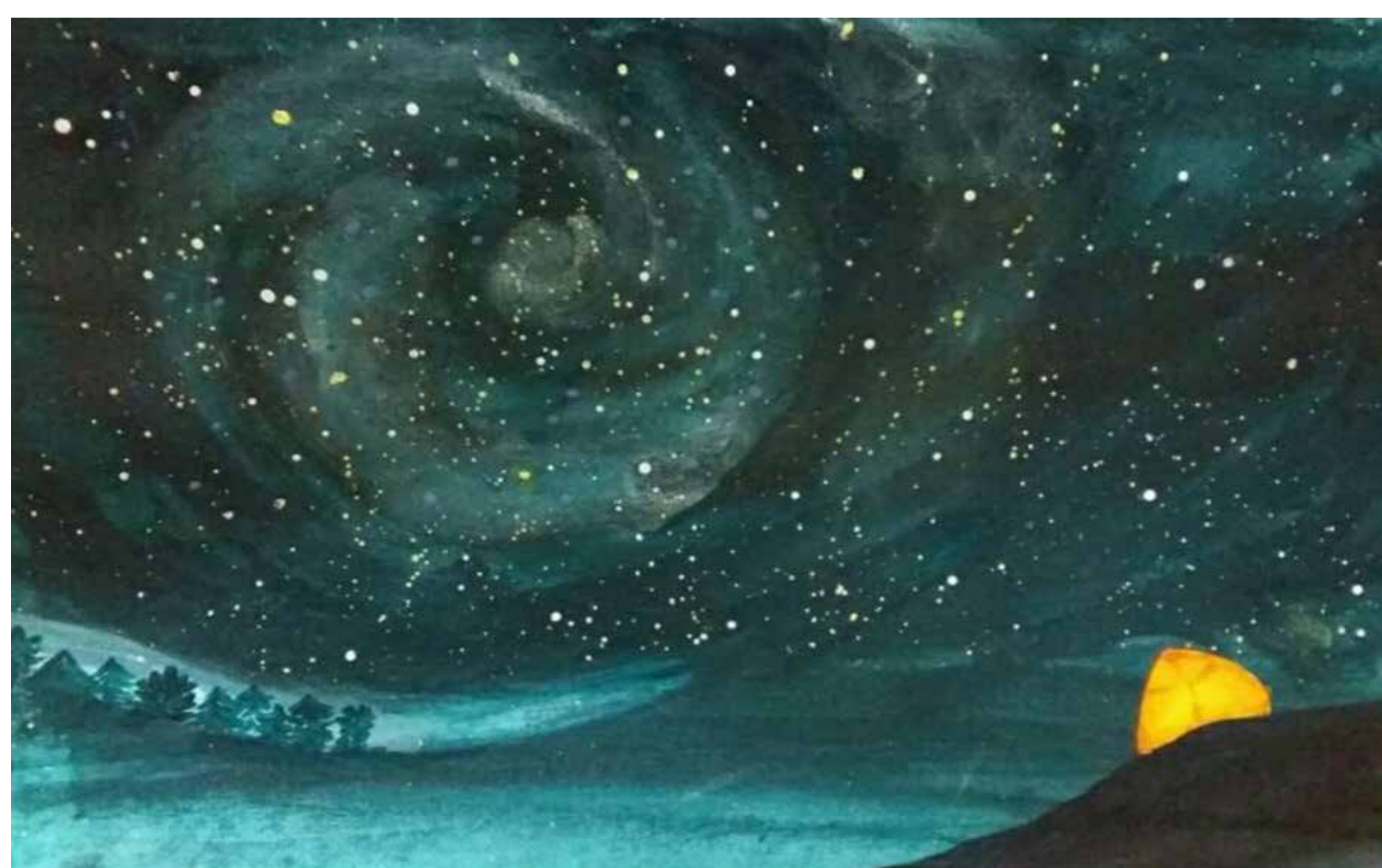
Srushti Sawant



Shrutika Raut



Swara Jamdar



Avani Sawant



Sarangi Bhandarkar



# Team Ruiaite

Column:	Insight	Tech Tricked	Open Forum	Behind the scenes	Op-Ed
Column Head:	Saee Patkar	Vaishnavi Dabholkar	Gayatri Godbole	Aditi Kulkarni	Nikita Agrawal
	Rohan Pawar Himani Joshi	Joy P Tamim Sangrar Tejas Mahadevan Abhishek Kalarikkal Aaditya Shikumar	Ishita Nirbhavne Riddhi Jadye	Advait Unnithan	Niyatee Narkar Tanvi Ghag Jui Mande Lekshmi Prakash
Column:	Career Wise	Art Wall	Buzz Around	World of Fantasy	Reporting
Column Head:	Aniushka Joshi	Gayatri Godbole	Swara Jamdar		Afsha Patel
	Bhumi Pasad Mrunal Salunkhe	Srushti Sawant	Aditi Patil	Amrita Shenoy Shreya Kulkarni Madhureema Neglur Bhumi Pasad	Pranay Javeri Rutuja Bhosle Gayatri Vaidya Tejashwini Havannavar

Marketing  
Shirish Waghmare  
Saee Patkar

Digital Designing  
Apoorva Sathe  
Yash Kishor Patil

IQCT  
Pooja Nair  
Shivani Amin

PR  
Dhruv Prakash Rathod  
Aditi Rane  
Neha Pujar  
Smartha Savanekar  
Sanika Ratnaparkhi  
Darshan Kambli  
Harshada Sansare

CHIEF EDITORS  
Prof. Devyani Ganpule  
Prof. Gayatri Lele

EXECUTIVE EDITORS  
Apurva Tudekar  
Ojas Chaudhari  
Madhureema Neglur